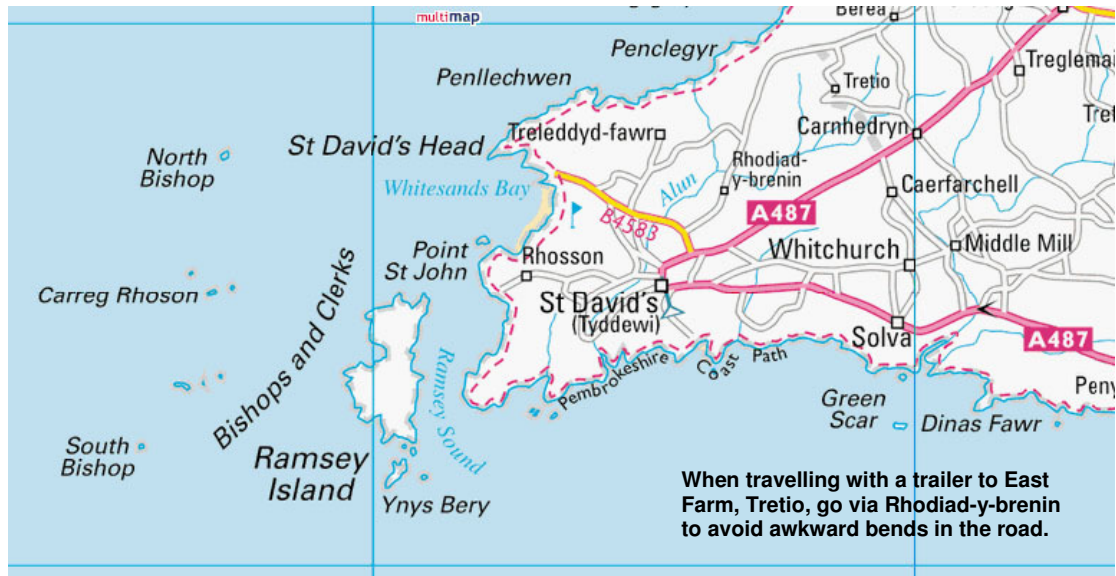


# Ramsey Island Rowing Race 2010

Saturday 26<sup>th</sup> June, Whitesands Beach, Pembrokeshire



PLEASE NOTE: THERE MAY BE LONG QUEUES DOWN TO THE BEACH IF THE WEATHER IS GOOD. SO ALLOW PLENTY OF TIME.

Registration:	Whitesands Beach from 13.30hrs
Cox's Briefing:	Whitesands Beach at 14.00hrs
Race Start:	Whitesands Beach at 15.00hrs
Entry Fee:	£5.00 per person, payable at registration

The race is seven and a half miles, leaving Whitesands Beach, around Ramsey and returning to Whitesands. Rowing time is approximately one hour and twenty minutes.

The race will be held under the rules of the Welsh Sea Rowing Association.

Please park cars in the car park at Whitesands. Boat trailers may be left on the beach. Toilets are available in the car park. Refreshments can be bought at the café in the car park.

Spectators who wish to follow the race can book with Voyages of Discovery on 01437 721911 or email [ramseyisland1@aol.com](mailto:ramseyisland1@aol.com). Their web address is [www.ramseyisland.co.uk](http://www.ramseyisland.co.uk). The cost is £24 per adult and £12 per child.

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Following the race a 'pie and pint' await all competitors by the lifeguard hut.

In the evening, starting at 7.30pm, Porthgain Rowing Club invites you all to a ceilidh at East Farm, Trelio.

Camping is available at East Farm. Please telephone in advance if you wish to camp so that we know numbers.

For further information contact Tom Sutton 01437 720026 or Richard Curtis 01348 837723