



### 3500 metres downstream

Division 1 - 10:30  
Division 2 – 13.30

#### All boat categories

Eights  
Quads  
Coxless fours  
Coxed fours  
Pairs  
Doubles  
Singles  
Coxed quads

See Event matrix for full information on events and divisions

#### Boat classes

Elite Sen 1M1 1M2 1M3 Nov  
J18 J16 J15 J14 J12

#### Veteran categories \*

A B C D E F G

\*2010 Long Distance Handicap System applied to all Vet events – See Event Matrix for details

#### Adaptive

Doubles (Division 1)  
Singles (Division 2)

#### Coastal Boats

Divisions 1 & 2 (fours and 2X's only)

#### Cost

£8 per seat by 31 Jan 2010  
£9 per seat thereafter  
Coxes free

#### Medals

Presented to winning head crews in events with three or more entries

#### Entries via OARA

#### Enquiries to

cardiffrowing@hotmail.co.uk

#### Entries close

20<sup>th</sup> Feb 2010 – 6:00pm

# CARDIFF HEAD OF THE TAFF

## Saturday 27 February 2010

### WARM UP FOR THE EIGHTS HEAD!

[www.cardiffcityrc.com](http://www.cardiffcityrc.com)